

Date: Wed August 20, 2025

## SCRIPTURES:

Exodus 20:5,6 NIV

Galatians 3:13 NIV

Galatians 5:22-23 NIV

## WORD BANK:

- Curse
- blessing
- fruit

# HOMEWORK

1. Write down 1-2 cycles you've noticed in your family line (e.g. addiction, pride, poverty, anger).
2. What pattern ends with me?
3. Start a "Blessing List" of what you want to pass on instead.
4. What **generational blessing** needs to be nurtured and passed on?
5. Choose **one fruit** of the Spirit you will intentionally cultivate this week.
6. "Which fruit of the Spirit is hardest for me to walk in?"
7. "What is blocking that fruit?"
8. Read John 15

## CHAIN BREAKER PRAYER CHALLENGE

1. Speak **Galatians 3:13** out loud over your family name.
2. Call out and cancel a generational curse by name in prayer
3. Declare: "This ends with me. It will not pass to my children."
4. Write a prayer asking God to grow that one fruit in you this week.
5. Ask God to uproot anything choking that fruit.

## LIFE APPLICATION CHALLENGE

1. Choose one fruit of the Spirit you will intentionally cultivate this week.
2. Share that fruit with someone intentionally – in word or action.

## GROUP DISCUSSION

1. What have you inherited (spiritually, emotionally, or relationally) that you now reject?
2. "How does walking in the Spirit help you break generational patterns?"